# **ÅLESUND, NORWAY**

Norway's most beautiful city is a land of fairytale architecture, set against a remarkable mountainous backdrop. Scattered across several islands, Ålesund is Norway's Art Nouveau capital, in response to a Great Fire that swept through the city in 1904, resulting in a near total rebuild.

## **KEY INFO**

Currency: Krone (1 USD = 10.6 NOK) Languages: Norwegian (90% speak English)

Population: 42,670 (5.46 million Norway) Drive on the: Right

**Emergency #:** 112 (police), 113 (med), 110 (fire) Pharmacy: Vitusapotek, Kremmergaarden Mall ③

**Drinking water:** Tap water is drinkable **Protection:** Standard health precautions

Time Zone: GMT+1 (winter), GMT+2 (summer) Wi-Fi: Public Library

ID Requirements: Photo ID/Passport (non-EU) Post Office: Aspøy Post i Butikk (?)

#### PORT LOCATION

Ships dock to the south of the city, a short walk from the town centre (500m | 6-min walk)

Getting Around: The best way to explore the city is on foot. Alternatively, the main bus station is located right outside the cruise terminal. Local buses are operated by Fram (single ticket: from 46 kr). Purchase tickets onboard 🗃 🐧 , via ticket machines 🗃 🐧 , or app (Apple | Android).

Click here for a map of Alesund

Taxis: Taxis are available at the port. Rates vary. 📰 \delta

Tourist Bus: There is a Sightseeing Bus (70-mins | every 30-mins | starts at cruise port | 428 kr | map) and Tourist Train (70-mins | every 20-mins | starts at cruise port | 320 kr | ③)

Tourist Information: In Terminal

Port Facilities: Tourist Information, Toilets, Shops, Taxis, WiFi (public library)

Port Address: Ålesund Norway Cruise Ship Pier, Keiser Wilhelms g. 2, 6003 Ålesund, Norway 💎

# **ÅLESUND HIGHLIGHTS**

Aalesunds Museum: Established in 1903, this is the oldest museum in the county, telling the story of local society - including fishing, fire, and war.

11a-3p (Mon-Fri), 12p-5p (Sat,Sun) | 90 kr | 750m from port (12-min walk) | <u>112 december 112 de</u>

Jugendstilsenteret: Housed in a former pharmacy, this national centre for Art Nouveau exhibits interiors and objects from the Art Nouveau era. On weekends, ticket includes Fishing Museum. 10a-5p | 120 NOK | 500m from port (7-min walk) | <u> 10</u>

Waldehuset Yos: A museum dedicated to the Great Fire of 1904, showcasing the resilience and reconstruction of Ålesund. Open Mon, Wed, Thu, Fri | Free | 1.2km from port (18-min walk) | 🍞 | 👚

Sunnmøre Museum: Openair museum offering the chance to experience the cultural history of the region, with buildings and boats from medieval times to present.

### A TASTE OF ADVENTURE

Aksla Viewpoint: Hike 149m up Mount Aksla for a fantastic viewing platform with panoramic views over the city. 24 Hours | Free | 1.3km from port (25-min walk) | 🌎

Ålesund Via Ferrata: Tackle this A+ graded via ferrata, which scales Mount Aksla from the town park. Solo and guided climbs are available. The 250m climb takes about 1-hour.

10a-6p | from 375 kr | 1km from port (16-min walk) | <u> </u>

Kayaking in Ålesund: See the city from a different perspective by taking a kayak out on the water and paddling around the beautiful archipelago.

Kayak More Tomorrow | Ute Guiden

#### SOMETHING TO EAT OR DRINK

Bacalao: Dried and salted codfish. Enjoyed in stews, poached, or baked with tomatoes and olives.

Fiskesuppe: A creamy fish soup that is a staple of the Norwegian diet. Try it at Anno in the harbour.

Kjøttkaker: Norwegian meatballs, typically served with potatoes and lingonberry sauce.

Aquavit: Distilled from grain or potatoes, this Scandinavian liquor is flavoured with herbs and spices (typically caraway and dill). Norwegian aquavit is cask matured for at least 6-months, and served at room temperature in tulip-shaped glasses.

Molo Brew: Taste Ålesund's multi-award-winning local craft beer at the brewery, conveniently close to the port. There's also an onsite burger joint for a great lunch option.

Tue-Sun (Hours vary) | Free | 100m from port (1-min walk) | 🚱 | 🖄

#### LOCAL SOUVENIRS

Given that Ålesund is one of the world's main exporters of dried and salted cod, you could take home some local Bacalao, with plenty of options to buy at local markets or speciality shops. For something less fishy, Art Nouveau-inspired keepsakes are popular, such as postcards, prints and even miniatures of some of the city's popular architecture. And, given the Ålesund's history reaches far back beyond the Great Fire of 1904, there are plenty of Viking souvenirs, including jewellery, carvings, and textiles.

## LOCAL LINGO

Hello	Hallo/Hei	Please	Vennligst
Goodbye	Ha det	Thank you	Takk
Toilet/Restroom	Toalett	Cruise Ship Port	Cruiseskip Havn

For more: www.visitalesund.com

